



## Where's Your Idol?

Read Exodus 20:3-6 to discover the first two commandments. Put those commands into your own words.



### The First Commandment:

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### The Second Commandment:

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Although we usually think of idols as statues of false gods, in reality, an idol can be anything that we set up in our lives and treat as if it came before the one true God. Most idols are not bad by themselves. There's nothing wrong with a calf, but when the Israelites made a golden calf (Exodus 32:4) and said it was their god, that was a big problem.

### How could someone make an idol out of ...



money or possessions?



an athlete, musician, actor, or other celebrity?



a video game?



something we eat or drink?



a movie, TV show, or online video series?



something else?

What would you be most likely to turn into an idol? \_\_\_\_\_

## UNIT VERSE

All your words are true;  
all your righteous laws  
are eternal.

PSALM 119:160 NIV

## Scrambled Up

Unscramble these words to discover some important words from today's lesson.



- \_\_\_\_\_ ROANA
- \_\_\_\_\_ SMOES
- \_\_\_\_\_ NISIA
- \_\_\_\_\_ RODLETH
- \_\_\_\_\_ SMODMANC
- \_\_\_\_\_ BLASTET



# BIBLE STUDIES FOR LIFE®

## 1

# CONVERSATION

## God Gave the Commandments

EXODUS 19–20; 31:18

It had been three months since the Israelites had followed Moses from Egypt. They were camped near the bottom of Mount Sinai when God called Moses to the top of the mountain. God told Moses, “Remind the people what I did when I rescued them from the Egyptians. Tell them if they listen to Me and obey what I tell them, I will honor them above all people. They will be My holy nation.”

Moses gave God’s message to the people, and they answered, “We will obey everything the Lord has said.”

God told Moses that He would speak in a thick cloud so the people could hear. Moses instructed the people to cleanse themselves and prepare to hear God. Moses told them not to go near the mountain.

On the morning of the third day, the people heard a loud trumpet. They saw lightning and heard thunder. Smoke covered Mount Sinai, and it shook. God appeared to Moses in a fire on top of the mountain and said, “I am the Lord your God who brought you out of Egypt.”

Moses was on the mountain for 40 days. When God finished speaking to Moses, He gave Moses two stone tablets. On the tablets were the Commandments that God wrote with His own finger.

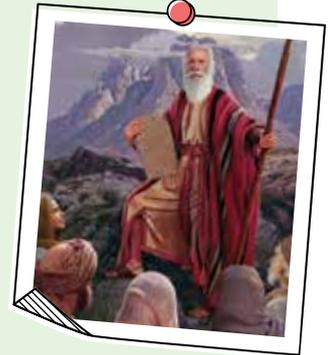
1. I am the Lord your God. Do not have any other gods but Me.
2. Do not make or worship statues or idols that look like anything on the earth or in the sky.
3. Honor and respect God’s name. Do not use God’s name in a bad way.
4. Remember the Sabbath day and keep it holy. Work six days and rest on the seventh.
5. Honor and respect your father and mother.
6. Do not murder.
7. Keep your marriage promises to your husband or wife.
8. Do not steal.
9. Do not lie.
10. Do not want something that belongs to someone else.

When the people saw what was happening, they trembled and stood at a distance. Moses said to them, “Don’t be afraid. Listen to the Commandments I am telling you today, and be careful to obey them. The Lord our God has spoken from heaven so that you will know how to live and not sin. We will be His people if we keep His Commandments.”

**WEEKLY BIBLE VERSE:** Psalm 119:105

**LIFE POINT:** In the Bible, God tells us what He wants us to know and do.

**TAKE IT FURTHER:** Check out *God Gave the Commandments* in Bible Studies for Life in the LifeWay Kids App for Bible stories, games, and more.



### THE BIBLE MEETS LIFE

Today your preteen heard that God tells us in the Bible what He wants us to do. After God saved the people from Egyptian slavery, He led them to a mountain where He gave Moses and the people the Ten Commandments.

### LIVE IT OUT

As a family recall the Ten Commandments. Check your memory by reviewing the Bible story or opening a Bible to Exodus 20:3-17. Talk about the Ten Commandments with your preteen. Play a game to determine who can name all Ten Commandments in order.

### LEVEL OF BIBLICAL LEARNING

The Bible is God’s message about Himself and His salvation plan through Jesus.

### DAILY BIBLE READING

**Sunday:** Psalm 119:105

**Monday:** Psalm 1:2

**Tuesday:** Psalm 119:118

**Wednesday:** 2 Timothy 2:7

**Thursday:** Hebrews 4:12

**Friday:** 1 Timothy 4:13

**Saturday:** John 15:7